



# BART

a college prep charter school

# NOVEMBER 2018 DAILY MENU

## Daily Breakfast Choices:

- assorted cereals, muffins, bagels & breads
- assorted whole, sliced, dried & fruit juice

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**5**

Cheese Filled Breadsticks  
with Dipping Sauce  
Seasoned Carrots  
Sliced Pineapple

**6**

Bacon, Egg, and Cheese  
Croissant  
Hash Brown  
Mandarin Oranges

**7**

Chicken Patty Sandwich  
Caesar Salad  
Sliced Honeydew

**1**

Bacon, Lettuce, and Tomato  
Wrap  
Seasoned Carrots  
Red Grapes

**2**

Beef and Cheese Nachos  
Tossed Salad  
Sliced Peaches

**12**

**No School Today**

**13**

Macaroni and Cheese  
Dinner Roll  
Tossed Salad  
Sliced Pears

**14**

Breaded Chicken Tenders  
Potato Puffs  
Red Grapes

**15**

Beef and Cheese Nachos  
Vegetarian Beans  
Sliced Peaches

**16**

Ham and Cheese Croissant  
Tomato Soup  
Sliced Cantaloupe

**19**

Chicken Patty Sandwich  
Tossed Salad  
Assorted Fresh Fruit

**20**

Roasted Turkey Dinner  
Corn Bread  
Mashed Potatoes  
Applesauce  
Cookie

**21**

**½ Day  
No Lunch Today**

**22**

**No School Today**

**23**

**No School Today**

**26**

Breaded Chicken Tenders  
Seasoned Carrots  
Sliced Pears

**27**

Toasted Cheese Croissant  
Chicken and Vegetable Soup  
Slice Pineapple

**28**

Bacon, Lettuce, and Tomato  
Wrap  
Seasoned Broccoli  
Sliced Peaches

**29**

Beef and Cheese Nachos  
Vegetarian Beans  
Red Grapes

**30**

Sausage, Egg, and Cheese  
Croissant  
Hash Brown  
Mandarin Oranges

Milk choices:  
Fat free chocolate,  
Skim & 1%.

**M, W, F lunch alternatives: pizza or assorted sandwiches**  
**Tu, Th lunch alternatives: turkey and cheese croissant or assorted sandwiches**

**Free Meals  
for All Students**

To contact the Food Service Department, call 413-743-7311.