



BART

a college prep charter school

MARCH 2019 DAILY MENU

Daily Breakfast Choices:

- assorted cereals, muffins, bagels & breads
- assorted whole, sliced, dried & fruit juice

Monday

Tuesday

Wednesday

Thursday

Friday

1

Beef and Cheese Nachos
Seasoned Corn
Sliced Peaches

4

Mozzarella Sticks
Tossed Salad
Mixed Fruit Cup

5

Chicken Patty Sandwich
Seasoned Carrots
Sliced Strawberries

6

Penne and Meatballs
Seasoned Broccoli
Red Grapes

7

Oversized Soft Pretzel
w/Cheese Sauce
Seasoned Green Beans
Sliced Peaches

8

Diced Chicken Soft Taco
Vegetarian Beans
Sliced Honeydew

11

Breaded Baked Chicken
Mashed Potatoes
Blueberries

12

Cheeseburger
Seasoned Green Beans
Sliced Honeydew

13

Beef and Cheese Nachos
Seasoned Corn
Sliced Peaches

14

Stuffed Crust Pizza
Tossed Salad
Mixed Fruit Cup

15

No School Today

18

Cherry Blossom Chicken
Rice Pilaf
Asian Vegetable Medley
Sliced Pineapple

19

Spiced Beef Hard Shell Tacos
Corn Bread
Vegetarian Beans
Sliced Cantaloupe

20

Mozzarella Sticks
Tossed Salad
Mixed Fruit Cup

21

Chicken Patty Sandwich
Seasoned Carrots
Sliced Strawberries

22

Penne and Meatballs
Seasoned Broccoli
Red Grapes

25

Beef and Cheese Nachos
Seasoned Corn
Sliced Peaches

26

Chicken Nuggets
Garden Peas
Sliced Strawberries
Cookie

27

Stuffed Crust Pizza
Tossed Salad
Mixed Fruit Cup

28

Ham and Cheese Croissant
Seasoned Carrots
Sliced Pears

29

Breaded Baked Chicken
Mashed Potatoes
Blueberries

Milk choices:
Fat free chocolate,
Skim & 1%.

M, W, F lunch alternatives: pizza or assorted sandwiches
Tu, Th lunch alternatives: turkey and cheese croissant or assorted sandwiches

To contact the Food Service Department, call 413-743-7311.

**Free Meals
for All Students**

