



# BART

a college prep charter school

## JANUARY 2019 DAILY MENU

### Daily Breakfast Choices:

- assorted cereals, muffins, bagels & breads
- assorted whole, sliced, dried & fruit juice

Monday

Tuesday

Wednesday

Thursday

Friday

# 2019

## Happy New Year!

No School Today

Chicken Patty Sandwich  
Seasoned Carrots  
Sliced Strawberries

Hot Dog  
Tossed Salad  
Mixed Fruit Cup

Beef and Cheese Nachos  
Seasoned Corn  
Sliced Peaches

Bacon Egg and Cheese  
Croissant  
Potato Puffs  
Mandarin Oranges

Penne and Meatballs  
Seasoned Broccoli  
Mixed Fruit Cup

Chicken Nuggets  
Rice Pilaf  
Garden Peas  
Blueberries

Shepherd's Pie  
Corn Bread  
Sliced Pears

Chicken Fajita  
Vegetarian Beans  
Sliced Honeydew

French Bread Pizza  
Mixed Vegetables  
Sliced Pears

Turkey and Cheese Croissant  
Tossed Salad  
Red Grapes

Beef and Cheese Nachos  
Seasoned Corn  
Sliced Peaches

Chicken Patty Sandwich  
Seasoned Carrots  
Sliced Strawberries

½ Day No Lunch Today



No School Today

Hot Dog  
Tossed Salad  
Mixed Fruit Cup

Chicken Nuggets  
Rice Pilaf  
Garden Peas  
Blueberries

Bacon Egg and Cheese  
Croissant  
Potato Puffs  
Mandarin Oranges

Penne and Meatballs  
Seasoned Broccoli  
Sliced Cantaloupe

Beef and Cheese Nachos  
Seasoned Corn  
Sliced Peaches

Chicken Patty Sandwich  
Seasoned Carrots  
Sliced Strawberries

Shepherd's Pie  
Corn Bread  
Sliced Pears

Chicken Fajita  
Vegetarian Beans  
Sliced Honeydew



Milk choices:  
Fat free chocolate,  
Skim & 1%.

M, W, F lunch alternatives: pizza or assorted sandwiches  
Tu, Th lunch alternatives: turkey and cheese croissant or assorted sandwiches

To contact the Food Service Department, call 413-743-7311.

### Free Meals for All Students