



BART

a college prep charter school

FEBRUARY 2019 DAILY MENU

Daily Breakfast Choices:

- assorted cereals, muffins, bagels & breads
- assorted whole, sliced, dried & fruit juice

Monday

Tuesday

Wednesday

Thursday

Friday



4

Ham and Cheese Croissant
Garden Peas
Sliced Pears

5

Cheeseburger
Butternut Squash
Sliced Honeydew



6

Macaroni and Cheese
Dinner Roll
Seasoned Broccoli
Sliced Strawberries

7

Grilled Chicken Breast
Sandwich
Seasoned Corn
Red Grapes

1

Waffles W/Syrup
Breakfast Sausage
Potato Smiles
Mandarin Oranges

8

Mozzarella Sticks
Tossed Salad
Mixed Fruit Cup

11

BBQ Pulled Pork Grinder
Tomato Soup
Blueberries

12

Shepherd's Pie
Corn Bread
Sliced Pears

13

Chicken Bacon Ranch
Flatbread
Tossed Salad
Mixed Fruit Cup

14

Chicken Nuggets
Rice Pilaf
Garden Peas
Sliced Strawberries

15

½ Day No Lunch Today

18



Winter Recess

19



Winter Recess

20



Winter Recess

21



Winter Recess

22



Winter Recess

25

Macaroni and Cheese
Dinner Roll
Seasoned Broccoli
Sliced Strawberries

26

Grilled Chicken Breast
Sandwich
Vegetarian Beans
Red Grapes

27

Waffles W/Syrup
Breakfast Sausage
Potato Smiles
Mandarin Oranges

28

Spiced Beef Hard Shell Tacos
Rice Pilaf
Butternut Squash
Sliced Honeydew



Milk choices:
Fat free chocolate,
Skim & 1%.

M, W, F lunch alternatives: pizza or assorted sandwiches
Tu, Th lunch alternatives: turkey and cheese croissant or assorted sandwiches

**Free Meals
for All Students**

To contact the Food Service Department, call 413-743-7311.