



BART

a college prep charter school

DECEMBER 2018 DAILY MENU

Daily Breakfast Choices:

- assorted cereals, muffins, bagels & breads
- assorted whole, sliced, dried & fruit juice

Monday

3

Mozzarella Sticks
Seasoned Broccoli
Mixed Fruit Cup

Tuesday

4

Chicken Patty Sandwich
Tossed Salad
Red Grapes

Wednesday

5

Sausage and Egg Croissant
Hash Brown
Mandarin Oranges

Thursday

6

Orange Blossom Chicken
Rice Pilaf
Asian Medley
Sliced Pineapple

Friday

7

Macaroni and Cheese
Dinner Roll
Garden Peas
Sliced Strawberries

10

Cheese Filled Breadsticks
Dipping Sauce
Caesar Salad
Sliced Pears

11

Cheeseburger
Seasoned Carrots
Sliced Honeydew

12

Breaded Chicken Tenders
Rice Pilaf
Potato Puffs
Red Grapes

13

Ham and Cheese Croissant
Tomato Soup
Mixed Fruit Cup

14

No School Today

17

Sausage and Egg Croissant
Hash Brown
Mandarin Oranges

18

Macaroni and Cheese
Dinner Roll
Garden Peas
Sliced Strawberries

19

Orange Blossom Chicken
Rice Pilaf
Asian Medley
Sliced Pineapple

20

Mozzarella Sticks
Seasoned Broccoli
Mixed Fruit Cup

21

Chicken Nuggets
Tossed Salad
Assorted Fruit

24

No School Today

25

No School Today

26

No School Today

27

No School Today

28

No School Today

31

No School Today



Milk choices:
Fat free chocolate,
Skim & 1%.

M, W, F lunch alternatives: pizza or assorted sandwiches
Tu, Th lunch alternatives: turkey and cheese croissant or assorted sandwiches

To contact the Food Service Department, call 413-743-7311.

**Free Meals
for All Students**