



# BART

a college prep charter school

## APRIL 2019 DAILY MENU

### Daily Breakfast Choices:

- assorted cereals, muffins, bagels & breads
- assorted whole, sliced, dried & fruit juice

### Monday

1

Waffles W/Syrup  
Breakfast Sausage  
Seasoned Carrots  
Blueberries

### Tuesday

2

Chicken Patty Sandwich  
Potato Smiles  
Sliced Strawberries

### Wednesday

3

Macaroni and Cheese  
Dinner Roll  
Seasoned Broccoli  
Mixed Fruit Cup

### Thursday

4

Shepherd's Pie  
Corn Bread  
Red Grapes

### Friday

5

Ham and Cheese Croissant  
Seasoned Green Beans  
Sliced Pears

8

Mozzarella Sticks  
Tossed Salad  
Mixed Fruit Cup

9

Penne and Meatballs  
Seasoned Broccoli  
Red Grapes

10

Chicken Nuggets  
Seasoned Corn  
Sliced Strawberries

11

Tangerine Chicken  
Rice Pilaf  
Seasoned Carrots  
Mandarin Oranges

12

Chicken Soft Taco  
Vegetarian Beans  
Sliced Peaches

15



Spring Recess

16



Spring Recess

17



Spring Recess

18



Spring Recess

19



Spring Recess

22

Breaded Baked Chicken  
Seasoned Broccoli  
Blueberries

23

Shepherd's Pie  
Corn Bread  
Sliced Pears

24

Chicken Soft Taco  
Vegetarian Beans  
Mixed Fruit Cup

25

Beef and Cheese Nachos  
Tossed Salad  
Sliced Peaches

26

Chicken Patty Sandwich  
Seasoned Carrots  
Sliced Strawberries

29

Chicken Nuggets  
Garden Peas  
Sliced Pears

30

Macaroni and Cheese  
Dinner Roll  
Seasoned Broccoli  
Red Grapes

Milk choices:  
Fat free chocolate,  
Skim & 1%.

**M, W, F lunch alternatives: pizza or assorted sandwiches**  
**Tu, Th lunch alternatives: turkey and cheese croissant or assorted sandwiches**

To contact the Food Service Department, call 413-743-7311.



**Free Meals  
for All Students**