

Thursday, December 13

Dates to Remember:

- Friday, December 14 ----- **No School** (PD)
- December 17 - December 21 ----- Spirit Week at BART
- Friday, December 21 ----- BART Alumni Lunch (12:00 p.m. - 2:00 p.m.)
- December 24 - January 1 ----- No School (Winter Break)
- Friday, January 4 ----- Senior Mock Interview Session (8:45 a.m. - 10:15 a.m.)

* All dates, events, and details are listed on the [News & Events Calendar page](#) on the School's website.

Events and General Information:

Canned Food Drive -- The non-perishable Canned Food Drive at BART launched on Monday, December 10 and will continue through Friday, December 21. The BART Student Ambassadors will be collecting non-perishables to donate to our communities through the Berkshire Food Project in North Adams and the Salvation Army in Pittsfield. If you would like to participate in the canned food drive, **please send your student to school with unopened, nonexpired, non-perishable food items to help feed our communities.** If parents and guardians have any questions, contact the BART Student Ambassador Advisor, Leah Thompson (leah.thompson@bartcharter.org).

BART Alumni Lunch -- On Friday, December 21, the College Office will launch a new tradition of inviting back graduates from the year prior for an alumni lunch to celebrate and discuss the end of their first college semester. From 12:00 p.m. - 2:00 p.m., attendees are invited to eat and enjoy lunch, participate in a structured activity, share and reflect what they have been up to, and connect with other members of the BART community. Please contact Kate Merrigan (kate.merrigan@bartcharter.org) with questions.

BART Spirit Week -- BART's Student Council will be hosting our Spirit Week from Monday, December 17 through Friday, December 21. Spirit Week gives all students and staff the opportunity to show their school spirit by participating in five themed days. This year's days and themes are:

12/17: PJ Day (an opportunity to wear pajamas all day!)

12/18: Ultimate Duo Day (you can twin or dress as a pair)

12/19: Wacky Wednesday (anything you can think of!)

12/20: Sports Day (celebrate your favorite sport or sports team)

12/21: Idol/Character Day (dress as your hero, real life or fictional, or any other character you would like to celebrate)

All outfits must be school-appropriate but keep in mind there is still plenty of room for imagination. Please contact High School Student Council President, Ruth Bristol, (ruth.bristol@bartcharter.org) with any questions.

From the Nurse's Office: Please Review BART's Health, Medication, and Screening Policy -- As a reminder, please note that no student may carry any prescription or over-the-counter medication at school. Asthma inhalers and EpiPens are the exceptions, however, they must be registered in the Nurse's Office with physician and parent authorization. Please contact the School Nurse Amy Foote (413-743-7311 ext. 728; nurse@bartcharter.org) with any questions.

Health and Wellness Community Resources: ADHD for Parents -- The Brien Center for Mental Health and Substance Abuse Services will be hosting 5 or 6 structured group meetings concerning "ADHD For Parents." All sessions will be lead by a trained Brien Center therapist and will cover topics such as: how the ADHD brain differs from a neurotypical brain and what that means for your child; tips for changing and managing behavior and how those two things are different; your kid's best source of support and strength; using positives to offset negatives; and more. For more information and to register, please contact Amy Price, Child/Adolescent Therapist, Outpatient Services, at 413-398-1342.

* Policy Reminder: When picking up a student from school, you are required to show ID at the front desk.

* The most up-to-date versions of the Regular, After School, and Late Bus Routes are frequently updated in the Quicklinks Box on the [For Parents](#) and [For Students](#) pages of the School's website.

* Weekly Announcements are also available on the [Weekly Announcement](#) page of the School's website.